



Firm Overview

Our clients have entrusted our firm with their legal needs for over 30 years. VF&N provides value-driven solutions to our clients' legal issues by combining expertise, judgment and perspective to create strategic relationships that focus on our clients' goals.

With several cross-functional practice areas and a shared passion for helping our clients thrive, our legal team is equipped to handle our clients' most complex cases.

Practice Areas:

- Business Law
- Commercial/Corporate Financing
- Commercial Leasing
- Employment Law
- Intellectual Property
- Land Use and Zoning
- Litigation
- Municipal Law
- Public-Private Partnerships
- Real Estate Transactions

Industries:

- Agritourism
- Churches and Religious Institutions
- Construction
- Government Contracting
- Real Estate Brokers and Agents
- Real Estate Development
- Tech Subcontractors and Suppliers

Awards:



Core Values:

GENUINE CONCERN FOR CLIENTS

VF&N attorneys care about you and your business. We strive to be your trusted ally by listening to you and focusing on your objectives with honest and informative communication.

FOCUS ON QUALITY

Our focus on quality means intensive preparation, extensive insight, and relentless execution. We not only advise on the case at hand but also educate clients on foreseeable concerns or opportunities.

GIVING TO THE COMMUNITY

We want our community to thrive and are committed to serving the community. We are active advocates of civic leadership, education, arts, and access to justice.



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Our Attorneys:

In addition to distinguished legal careers, many of our attorneys have experience working in business, consulting, real estate development and local government. Our depth of experience, coupled with a pragmatic business approach, ensures that our clients receive practical advice rooted in understanding and shared passion.

Michael Vanderpool, Of Counsel
Business Law, Land Use

Randolph Frostick, Shareholder
Litigation

V. Rick Nishanian, Shareholder
Leasing, Financing

Kristina Keech Spidler, Shareholder
Employment Law

Martin Crim, Shareholder
Municipal Law

Neal Knudsen, Of Counsel
Social Services & Guardianship

Brett Callahan, Associate
Litigation

Brendan Cassidy, Associate
Employment Law

Olaun Simmons, Associate
Municipal Law, Land Use

Christopher Collins, Of Counsel
Intellectual Property, Government
Contracts

Robert Beard, Of Counsel
Social Services

Cynthia Edwards, Of Counsel
Social Services

Christopher Schlechte, Associate
Business Law

Robert J. Zelnick, Of Counsel
Litigation

Industry Leaders:

Local Government Attorneys,
Committee member &
conference speaker

George Mason University-
Professor, Real Estate
Development

Matthew's Center for Visual
Learning, Board Member

Virginia Agritourism Conference,
Panelist

Young Professional of NOVA,
Program Director

Virginia Women's Attorney
Association, President

Prince William County Bar
Association, President

Prince William Chamber of
Commerce, Of Counsel & Board
of Directors