



# Firm Overview

Our clients have entrusted our firm with their legal needs for over 30 years. VF&N provides value-driven solutions to our clients' legal issues by combining expertise, judgment and perspective to create strategic relationships that focus on our clients' goals.

With several cross-functional practice areas and a shared passion for helping our clients thrive, our legal team is equipped to handle our clients' most complex cases.

## Practice Areas:

- Business Law
- Commercial/Corporate Financing
- Commercial Leasing
- Employment Law
- Intellectual Property
- Land Use and Zoning
- Litigation
- Municipal Law
- Public-Private Partnerships
- Real Estate Transactions

## Industries:

- Agritourism
- Churches and Religious Institutions
- Construction
- Government Contracting
- Real Estate Brokers and Agents
- Real Estate Development
- Tech Subcontractors and Suppliers

## Awards:



## Core Values:

### GENUINE CONCERN FOR CLIENTS

VF&N attorneys care about you and your business. We strive to be your trusted ally by listening to you and focusing on your objectives with honest and informative communication.

### FOCUS ON QUALITY

Our focus on quality means intensive preparation, extensive insight, and relentless execution. We not only advise on the case at hand but also educate clients on foreseeable concerns or opportunities.

### GIVING TO THE COMMUNITY

We want our community to thrive and are committed to serving the community. We are active advocates of civic leadership, education, arts, and access to justice.



# Firm Overview

## Our Attorneys:

In addition to distinguished legal careers, many of our attorneys have experience working in business, consulting, real estate development and local government. Our depth of experience, coupled with a pragmatic business approach, ensures that our clients receive practical advice rooted in understanding and shared passion.

**Michael Vanderpool**, Of Counsel  
Business Law, Land Use

**Randolph Frostick**, Shareholder  
Litigation

**V. Rick Nishanian**, Shareholder  
Leasing, Financing

**Kristina Keech Spitler**, Shareholder  
Employment Law

**Martin Crim**, Shareholder  
Municipal Law

**Neal Knudsen**, Of Counsel  
Social Services & Guardianship

**Brett Callahan**, Associate  
Litigation,

**Brendan Cassidy**, Associate  
Employment Law

**Olaun Simmons**, Associate  
Municipal Law, Land Use

**Christopher Collins**, Of Counsel  
Intellectual Property, Government  
Contracts

**Robert Beard**, Of Counsel  
Social Services

**Cynthia Edwards**, Of Counsel  
Social Services

**Guys Jeffress**, Associate  
Commercial Real Estate

**Kara Larson**, Associate  
Social Services

**Christopher Schlechte**, Associate  
Business Law

**Robert J. Zelnick**, Of Counsel  
Litigation

**Markus Ebert**, Of Counsel  
Commercial Financing

## Industry Leaders:

Local Government Attorneys,  
Committee member &  
conference speaker

George Mason University-  
Professor, Real Estate  
Development

Matthew's Center for Visual  
Learning, Board Member

Virginia Agritourism Conference,  
Panelist

Young Professional of NOVA,  
Program Director

Virginia Women's Attorney  
Association, President

Prince William County Bar  
Association, President

Prince William Chamber of  
Commerce, Of Counsel & Board  
of Directors